



**Florida BH IMPACT**  
Improving Maternal and  
Pediatric Access, Care and  
Treatment for Behavioral Health

**FREE Psychiatric Consultation  
and Support Services**  
**CALL: 1.833.951.0296**

### Call the Florida BH IMPACT Line When You Have Questions About:

- Best-practices for management of pregnant and postpartum patients with mental health concerns (e.g. detection, assessment and treatment of depression and anxiety)
- Community resources
- Pregnancy loss, complications, or other difficult life events
- Risks of psychiatric medications and non-medication treatments

### What You Need Before Your Call:

All calls are answered by our resource/referral specialist. In addition to providing your phone number and email, if you'd like to request a consultation regarding a specific patient, the specialist will also need the following patient information:

- Name, Age/DOB, Zip code
- Pregnancy status/gestation
- Mental health diagnosis (if any), and previous mental/behavioral health screenings and scores
- Confirmation of informed consent

### Talk with a Psychiatrist

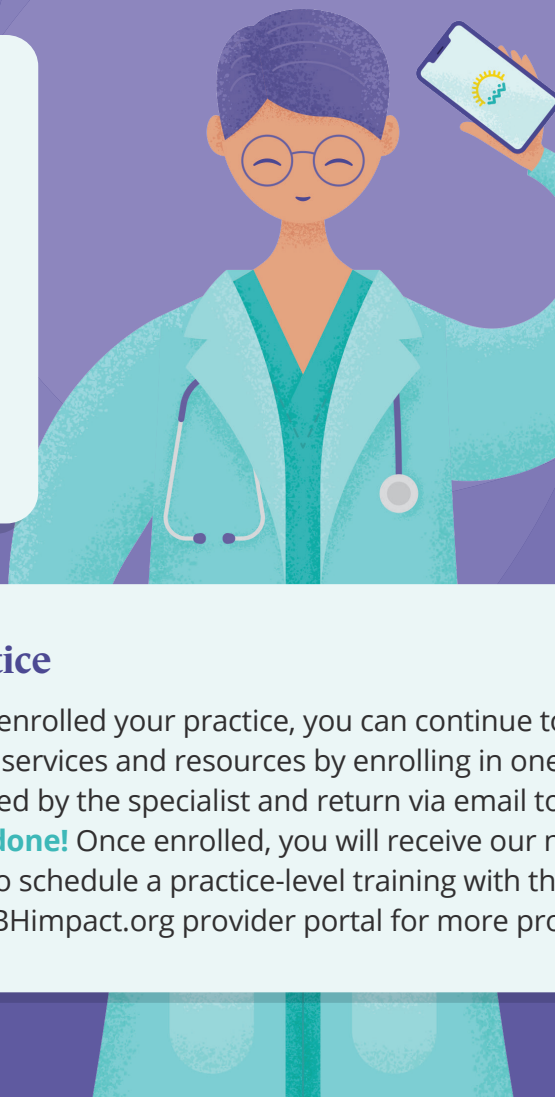
The information obtained by the resource/referral specialist during the initial call is entered and a message is then sent to our consulting psychiatrist notifying her of a consultation request. Our consulting psychiatrist will return your call as soon as possible.

### Access Resources & Referrals

The specialist will need patient information (as referenced above) if the request is for a specific patient. If the request is of a general nature, no patient info is necessary. The specialist will cross reference the statewide database and email a list of resources to you.

### Enroll Your Practice

If you haven't already enrolled your practice, you can continue to gain access to these free, certified support services and resources by enrolling in one easy step. Fill out the one-page form provided by the specialist and return via email to our office. **Less than 5 minutes and you're done!** Once enrolled, you will receive our newsletter for enrolled providers, be invited to schedule a practice-level training with the psychiatrist, and invited to subscribe to the FLBHimpact.org provider portal for more provider-specific resources.



This publication was produced by the U.S. Department of Health and Human Services, Health Resources and Services Administration, Maternal and Child Health Bureau under grant number UK3MC32242. This publication lists non-federal resources in order to provide additional information to consumers. The views and content in these resources have not been formally approved by the U.S. Department of Health and Human Services (HHS) or the Health Resources and Services Administration (HRSA). Listing these resources is not an endorsement by HHS or HRSA.



Florida  
Maternal  
Mental Health  
Collaborative