



Florida BH IMPACT
Improving Maternal and
Pediatric Access, Care and
Treatment for Behavioral Health

About the Florida Perinatal Behavioral Health Screening & Treatment Program

The Florida BH IMPACT Program is an innovative initiative by the Florida Department of Health (DOH), the Florida State University (FSU) College of Medicine and the Florida Maternal Mental Health Collaborative (FLMMHC).

The program expands screening for: depression, anxiety, and substance use; and access to needed services for prenatal, pregnant, and postpartum women. The program aims to promote maternal and child health by building the capacity of health care providers to address these critical issues through professional development, expert consultation and support, and dissemination of best practices.

OUR GOAL: Improving the identification and treatment of pregnant and postpartum women who experience mental health and substance use disorders

FREE psychiatric consultations, community referrals, and on-demand responses to mental health questions for prenatal care providers

PSYCHIATRIC CONSULTATION LINE: 1.833.951.0296
ONLINE: FLBHimpact.org



Free and Trusted Support for Obstetric Clinicians Caring for a Mother's Mental Health

Expanding Your Capacity to Better Mental Health for Your Patients:

- Direct clinician access to telephone consultation with a psychiatrist during normal business hours
- Access for patients and clinicians to comprehensive referral resources and services in the region for mental health and substance use
- Use of brief, valid screening tools for depression, anxiety and substance use
- Training of Obstetric providers in best practice maternal behavioral health screening, treatment and risk issues
- Tracking and reporting of information and measures related to the program's processes and outcomes

This publication was produced by the U.S. Department of Health and Human Services, Health Resources and Services Administration, Maternal and Child Health Bureau under grant number UK3MC32242. This publication lists non-federal resources in order to provide additional information to consumers. The views and content in these resources have not been formally approved by the U.S. Department of Health and Human Services (HHS) or the Health Resources and Services Administration (HRSA). Listing these resources is not an endorsement by HHS or HRSA.

**Florida
HEALTH**



Florida
Maternal
Mental Health
Collaborative



Florida BH IMPACT

Improving Maternal and Pediatric Access, Care and Treatment for Behavioral Health

Frequently Asked Questions

FL BH IMPACT Psychiatric Consultation and Referral Line: 1.833.951.0296

The Psychiatric Consultation Line is now OPEN

1.833.951.0296

Hours of Operation:

Monday – Friday: 9:00 am – 5:00 pm ET*

Q: WHO CAN CALL THE FL BH IMPACT LINE?

Any obstetric, pediatric, primary care or psychiatric provider with questions about the mental health of pregnant or postpartum women. For obstetric practices, this includes physicians, nurse practitioners, midwives, nurses, medical assistants, case managers, social workers, and behavioral health clinicians. FL BH IMPACT is **FREE** to all Florida providers.

Q: WHAT IS THE ENROLLMENT PROCESS?

Enrollment is simple, quick and provides you and your practice access to all of the program's free services. Enrollment takes less than five minutes via a one-page form. The goal of enrollment is to track the success of the program and to inform future improvements.

Q: WHAT HAPPENS WHEN I CALL FL BH IMPACT?

A Resource and Referral specialist with expertise in perinatal mental health will answer the provider's call, gather pertinent information and help determine the need for a telephone or face-to-face consultation with a FL BH IMPACT Psychiatrist. If the request requires consultation with a FL BH IMPACT Psychiatrist, the resource and referral specialist will send a contact request to the Psychiatrist. The Psychiatrist will return the call as soon as possible to speak with the provider who requested the consultation.

Q: WHAT KINDS OF QUESTIONS CAN I CALL ABOUT?

- Best-practices for management of pregnant and postpartum patients with mental health concerns (e.g. detection, assessment and treatment of depression and anxiety)
- Community resources
- Pregnancy loss, complications, or other difficult life events
- Risks of psychiatric medications and non-medication treatments

Q: WHAT OTHER SERVICES ARE AVAILABLE?

- **Listings of mental health providers** (e.g. prescribers, therapists) matched to patient insurance and location.
- **Provider Toolkits:** Includes assessment tools (e.g. EPDS), depression screening algorithm, bipolar screen, and antidepressant treatment algorithm.
- **Patient Resources:** Includes perinatal mental health information for mothers, fathers and family members as well as a database of support groups, print resources, information in Spanish and other mental health resources. FL BH IMPACT can provide practices with brochures, business cards and posters regarding perinatal mental health and available resources.

Q: CAN I CALL FL BH IMPACT FOR CRISIS SERVICES?

No. FL BH IMPACT line is not an emergency service. We recommend contacting your local emergency room if there is an acute safety concern.

**Psychiatrist call-backs on Monday and Wednesday are limited based on psychiatrist availability.*

This publication was produced by the U.S. Department of Health and Human Services, Health Resources and Services Administration, Maternal and Child Health Bureau under grant number UK3MC32242. This publication lists non-federal resources in order to provide additional information to consumers. The views and content in these resources have not been formally approved by the U.S. Department of Health and Human Services (HHS) or the Health Resources and Services Administration (HRSA). Listing these resources is not an endorsement by HHS or HRSA.

Florida
HEALTH



Florida
Maternal
Mental Health
Collaborative