

FL Moms Mental Health Resource Directory

Florida families and health providers can use this website to search for services that align with healthcare desires, preferred payment type, and geographic location.

www.flmomsmhresources.org

Check out the FL BH IMPACT Website!

For more program information, resources and provider specific tools!

www.flbhimpact.org

Providers are encouraged to subscribe to the **provider portal** to access clinical and evidence based behavioral health resources in the state of Florida.

The portal is currently under construction but will return shortly.

Click Here to Register





Anxiety and Trauma! The Mental Health "New Normal"?

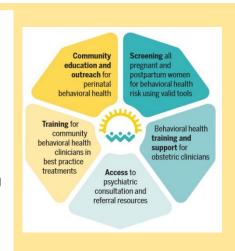
- The National Council for Behavioral Health is offering a free webinar on August 18 from 2-3 pm for Trauma-informed, Resilience-oriented (TIRO) Crisis Navigation. This webinar will explore ways to visualize and assess the readiness of your staff to provide effective trauma-informed, resilience-oriented services and care.
 - Click here to Register
- The continuity of preventive care is critical, especially during these unprecedented and uncertain times. Women's Preventive Services Initiative (WPI) is offering a 15-minute webinar on how to continue providing well-woman and preventive care through telemedicine! August 19th, 2020 from 1:30 pm – 1:45 pm ET.
 - Click here to Register
- In line with our commitment to do the work of addressing systemic inequities in healthcare, the following article from the National Institute for Children's Health Equity (NICHQ) lays out "Four Steps Necessary to Address Racisms Impact on Maternal and Child Health".
 - Click Here to Read the Article

Spotlight: August is National Breastfeeding Month

- In a <u>recent report</u> on breastfeeding and racial disparities, the CDC noted that strategies for
 increasing breastfeeding rates among Black women included improving peer and family support.
 NICHQ's article, "Breastfeeding Takes a Village and, Too Often, Black Women Don't Have One"
 examines the value of peer breastfeeding support for black women in filling in the gaps of
 historical and systemic inequities.
 - o Click here to read the article
- According to the National Institute for Children's Health Equity (NICHQ), health professionals
 can't provide meaningful education that speaks to each mother's individual views without hearing
 directly from mothers. The article, "A Better Approach to Conversations about Breastfeeding",
 provides insight on communication with mothers who are breastfeeding.
 - o Click here to read the article

How can I enroll my practice in the FL BH IMPACT program?

- 1. Call 1-833-951-0296
- Request an enrollment packet from Dr. Shabaka-Haynes
- 3. Complete and return via email to Amandla.Shabaka-Haynes@med.fsu.edu
- 4. Schedule a FREE practice-level clinical behavioral health training from our consulting psychiatrist, Dr. Kay Roussos-Ross
- Enjoy FREE access to the PSYCHIATRIC CONSULTATION LINE and COMMUNITY RESOURCES specific to your patients



This publication was produced by the U.S. Department of Health and Human Services, Health Resources and Services Administration, Maternal and Child Health Bureau under grant number UK3MC32242. This publication lists non-federal resources in order to provide additional information to consumers. The views and content in these resources have not been formally approved by the U.S. Department of Health and Human Services (HHS) or the Health Resources and Services Administration (HRSA). Listing these resources is not an endorsement by HHS or HRSA.