



Florida BH IMPACT
Improving Maternal and
Pediatric Access, Care and
Treatment for Behavioral Health

We are here to support you!

As you know, perinatal mental health and substance use disorders are one of the most common complications during pregnancy and into the first postpartum year. Despite being proven as preventable causes of maternal morbidity and mortality, perinatal mental health disorders often remain underdiagnosed and undertreated. As such, The American College of Obstetricians and Gynecologists (ACOG) recommends providers screen for depression, anxiety symptoms, and substance use disorders at least once during the perinatal period. ACOG also recommends that obstetric providers be prepared to respond appropriately to a positive screen, which includes providing education about therapy and making a referral, initiating medication treatment when indicated, and referring patients to other additional resources.

Often times, however, behavioral healthcare during the perinatal period presents concerning treatment challenges. The Florida BH IMPACT program emerged in response to the challenges that arise when treating perinatal mental health and substance use disorders. Specifically, FL BH IMPACT is designed to help build your capacity for behavioral health care, by providing trainings on perinatal psychopharmacology, expert consultation and support, and dissemination of best practice information.



FL BH Impact Is here to help during the COVID 19 Crisis!

As everyone is aware, this is a developing situation with much uncertainty, which can lead to increases in stress, anxiety and other mental health symptoms. This uncertainty and anxiety may be particularly enhanced among pregnant and postpartum patients.

We are here to help. The BH Impact program call line will remain open and is available to you Monday-Friday. We are here to continue to assist with behavioral health resources and referrals, as well as psychiatric consultation for obstetrical providers.

For more Corona Virus information regarding Pregnant & Postpartum women (ACOG Practice Advisories), please [click here](#).

Please call for help navigating the mental health needs of your patients:
Referral/resources or consultation with our psychiatrist/obstetrician Dr. Roussos-Ross.

(833) 951-0296

How can I enroll my practice?

1. Call 1-833-951-0296
2. Request an enrollment packet from Dr. Shabaka-Haynes
3. Complete and return via email to Amandla.Shabaka-Haynes@med.fsu.edu
4. Schedule a **FREE** practice-level clinical behavioral health training from our consulting psychiatrist, Dr. Kay Roussos-Ross
5. Enjoy **FREE** access to the **PSYCHIATRIC CONSULTATION LINE** and **COMMUNITY RESOURCES** specific to your patients via FLMomsMatter.org



Dear Provider,

Thank you for your interest in the Florida BH IMPACT Program! The perinatal care that you provide is critical to the health and wellbeing of Florida's women and infants. The **Florida BH IMPACT** Program, a psychiatric consultation and resource-referral program, is now available to you and other providers in your area. The acronym **IMPACT** stands for **Improving Maternal & Pediatric Access, Care and Treatment for Behavioral Health**. It is our goal to help support you in your work.

Enroll today by calling **1-833-951-0296**! You can also check out the website (FLMomsMatter.org) for more information. The FL BH IMPACT team looks forward to engaging with you and supporting you along with the rest of our medical community!

Kindest regards,
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